

Center for Achieving Independence

February 2026

DAILY EVENTS:

- 1. EXERCISES FROM DEVELOPING WORKPLACE SKILLS FOR YOUNG ADULTS (WITH IDD)
- 2. EXERCISES FROM TURNING SKILLS AND STRENGTHS INTO CAREERS FOR YOUNG ADULTS (WITH IDD)
- 3. GROUP ACTIVITY FROM BUILDING CONNECTIONS AND CONVERATIONS RESOURCES

COLOR CODING FOR EVENTS:

- Life Skills Content
- Job Exploration Workshop Series
- Mid-day Motivation
- Career Content
- Community Day
- Let's Get Crafty!

HOLIDAYS

- 14 VALENTINE'S DAY
- 16 PRESIDENT'S DAY
- 17 LUNAR NEW YEAR
- 18 ASH WEDNESDAY

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 Welcome! KWL Charting Create Journals	3 Welcome! KWL Charting Create Journals	4 Build Career Inventories, Day 1 Visit to Coffee Shop for Skills Training	5 Visit to Library: Check out books on Resume Building Create Journals	6	7	8
9 Build Career Inventories, Day 2 Create Individual Door Signs	10 Visit to Restaurant for Skills Training Build New Resumes and Cover Letters	11 Build New Resumes and Cover Letters Create Individual Door Signs	12 Group Share: What is Your Dream Job? Create Individual Door Signs	13	14	15
16 Group Share: What makes you anxious at work? Picture Frames	17 Visit to Grocery Store with Budget Shop for Lunch Ingredients	18 Visit to WCC Library for Skills Training Picture Frames	19 Make/Serve Lunch to Bardwell Group Build Career Inventories, Day 3	20	21	22
23 Create Indeed Accounts Create Daily Schedules; Revisit KWL Charts	24 Group Share: Proud Work Moment Create Indeed Accounts	25 Work on Indeed Accounts Painting on Canvas	26 Visit to All Pets Wellness Center for Skills Training Work on Indeed Accounts	27	28	

MEMO: **FRIDAYS ARE RESERVED TO MEET 1:1 WITH CLIENTS AS NEEDED, GO ON JOB INTERVIEWS, MEET WITH EMPLOYERS, AND SHADOW CLIENTS AT WORK.**